Catherine Knibbs

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**Clinical Researcher: Expert in helping you understand Human behaviour in a Digital world**

* **Director for Privacy4 Therapists- Information Standard for the Industry**
* **Director for Research and Development @ ACTO**
* **Cybertrauma Theorist and Consultant**
* **Functional Coach and Psychotherapist**
* **Child/Adult Trauma Psychotherapist**
* **Clinical Supervisor**
* **Author**
* **Member of Association of Adult and Child Online Safety Specialists**
* **Associate of Co-Ed Foundation**
* **Visiting Lecturer**
* **Podcaster, Blogger and Vlogger**
* **Writer for E-safety companies**
* **Engineer- Optronics (Light)**

**Education &** **Experience**

* 2017- Clinical PhD/Doctoral Researcher- University of Salford
* MSc Integrative Psychotherapy Child & Adult - Dual registers. (UKCP accred course at Newman University)
* Certificate in Clinical Supervision Manchester Institute Psychotherapy, Manchester
* PG Dip Psychotherapy :(UKCP/BACP accred course), NGP, Newcastle
* Dip Therapeutic Counselling (BACP/UKCP accred course), NGP, Newcastle
* Bsc (Hons) Psychology, University of Huddersfield, Huddersfield
* A’ level Psychology : Wakefield College
* CTI Certificate in Counselling Skills, Wakefield College.
* Hnc Equivalent: Electrical, Mechanical and Electronic Engineering. British Army.

**Clinical Researcher 2017-**

Psychotherapy service: Director/Consultant and Training, Clinical Lead, Cyber Trauma, Therapeutic Interventions for children and young people who are victims of trauma, abuse and loss. Using Biofeedback/Neurofeedback Software Interventions and gaming.

**2011-Present**

* Early Consultant for AI/ML robot in e-safety (Oyoty)- now “Own It” (@BBC)
* Conferences/Tutor: Trauma, Child/Developmental Trauma & Child Sexual

Abuse, CSA/CSE Online, Child & Brain development

* Design and tutoring of trauma material to professionals, schools, parents and pupils
* Consultation for Local Authority/NHS Risk and Resilience Framework
* Workshops at National Conferences : 2012- Present

**Previous Therapist Roles**

* FAMILY ACTION BRADFORD- I began here as a placement (July 2013) on the Alma Street Project, which is for child victims of sexual abuse. I worked here for two and half years.
* ESCAYP- I worked with young people aged 3-21 for short term play therapy interventions. I was here between April 2011 & December 2014
* WELL WOMEN WAKEFIELD- I volunteered here and worked with women aged 16+ as a counsellor providing long and short term interventions. April 11-May 14.
* Relationships and Sexual Education Tutor. Spectrum Healthcare

**Other Roles**

* Bereavement Support Worker- AgeUK
* Social Prescribing Consultant
* Dual Role: Gaming Website/Press Site and Data Administrator for DLM Spong.com and eleventeenth.com, respectively, Wakefield
* Qualified F.A. Coach /Referee/Karate Instructor/Club Secretary
* IT support (1st and 2nd Line)
* IT Technician (Specialist Technician for Casino/Bank and Esso Stations)

Instrument Technician: Optronics @ British Army, United Kingdom

* First woman to achieve trade in Armed Forces
* Engineer in Lasers, Day/Night Sight and Weapons Equipment.

**Publications**:

**PODCAST**

Cyber synapse podcast- host of this podcast

**Journals – Peer reviewed**

Counsellors experiences of working with children who have been cyberbullied: Thematic analysis of semi- structured interviews (2017) Journal of Techno Ethics special edition

Cybertrauma: The impact of the online world the developing brain and interpersonal struggles of children, young people and adults too. (2017) International Journal of Psychology and Behaviour Analysis

**Books**

Cybertrauma The Darker Side of the Internet for Children & Young People 2016 : Blurb Press

**Some Articles**

internetmatters.org Understanding emotions behind cyberbullying. October 2015 http://www.counsellorcpd.co.uk/ ITunes : Podcast: Why Neuroscience is important as practitioners (Oct

2015)
onlinevents.co.uk Childhood trauma and Brain development (September 2015) onlinevents.co.uk Cybertrauma : past, present or future
BACP CYP Journal 2014: Cybertrauma